



Chinalife

101-105 Camden High Street, NW1 7JN [Full details & map](#)


Independent shop

Time Out says

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Posted: Jul 28 2010

Created with the aim of bridging the gap between Eastern and Western healthcare, Chinalife is a modern holistic health shop with wooden shelves piled high with a selection of teas, supplements and aromatherapy oils. Stylishly packaged skincare and body ranges feature all-natural active ingredients: some familiar (gingko and ginseng), others, like the anti-ageing reishi or moisture-boosting Chinese angelica, less well known in the West. We particularly like the herbal foot bath, the flower water sprays and the jasmine face mask for dry skin. Tea-lovers are spoilt for choice, with an impressive array of medicinal blends and flower- and berry-filled sachets. A chic tea bar also offers exotic concoctions infused with pomegranate syrup and crushed rosebuds and fragrant, spice-infused lattes. At the shop's rear, canvas panels suspended from the ceiling create an airy room where a therapist can help you feel right as rain with an energising lifestyle package, where acupuncture and Chinese Meridian massage fulfil their promises. Next door at the AcuMedic clinic, a team of experts from China can offer solutions to just about anything, from infertility through to smoking addiction.

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Chinalife details

Address
[Chinalife](#)

Open 9am-8pm Mon-Sat; 9am-6pm Sun

101-105 Camden High Street NW1 7JN

[Email](#)

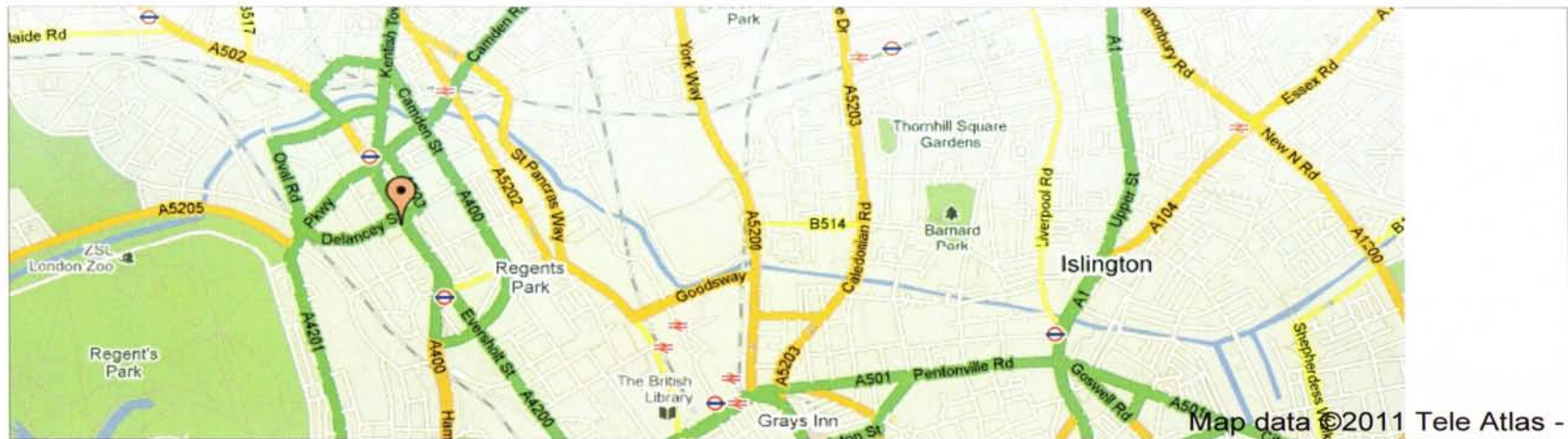
Transport Camden Town tube

Telephone

020 7388 5783

[Chinalife website](#)

[Chinalife map](#)



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The Blues Kitchen
Caponata

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Blues Kitchen
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